



How can you help?

We are looking for donations for the following items:

- *Natural artifacts like large pine cones, sea shells, chestnuts, etc...*
- *Hummingbird feeder*
- *Indian corn or dried corn on cob, seasonal vegetation like pumpkins, etc ...*
- *Funding for an outdoor sensory table*
- *Magnifying glasses*
- *Tuition scholarship assistance for families in need who want to send their children to Mount Olive*

www.mtolive-anoka.org
Linda@mtolive-anoka.org
763.421.9048



Mount Olive Early Childhood Outdoor Nature Center



Nature
God's Wonderful Creation
"In the beginning God created
the heavens and the earth."

Why Nature?



Keeping children connected to the natural world that God created has always been an important aspect of early childhood growth and development. Unfortunately children today are spending less time outdoors and more time indoors with electronic devices. Benefits to being in nature are tremendous:

- ☼ Children regularly exposed to natural elements—such as fresh air, sunshine and open areas feel better about themselves and are better able to cope with stress anxiety and depression.
- ☼ Children with Attention Deficit disorder (ADD) experience fewer symptoms of ADD while in nature. While outdoors, children are more likely to observe small details and produce focused thoughts and creative ideas.



- ☼ Children who regularly play outdoors develop stronger gross-motor skills and show signs of overall health than children who do not.
- ☼ As children step into the natural world, their creativity and imagination heighten and their ability to play and converse cooperatively becomes more distinct.
- ☼ Exposure to nature helps children appreciate and develop a respect for the wonder of nature that God created. They become better stewards of the earth that He entrusted to our care.



Additional benefits for children:

1. Nature enhances a child's learning
2. Nature complements the curriculum
3. Nature connects children to abstract concepts and assists teachers in instructing them.
4. Nature encourages children to be more physically, mentally and emotionally fit
5. Nature provides opportunities for children to develop an appreciation and awareness of God's world around them.

*“Holy, holy, holy is the LORD Almighty;
the whole earth is full of his glory.” Isaiah 6:3b*